Interview (Part 1) with Phi Nagpala on March 24, 2023

0:00:02.700,0:00:06.348 Good morning Phi, it's so nice to see you. How are you today? 0:00:06.348.0:00:10.502 I'm good. Good morning, professor, it's nice to see you, 0:00:10.502,0:00:12.246 it's been a while. 0:00:12.246,0:00:16.480 I'm so happy that you're participating in this project. 0:00:16.480,0:00:18.907 Let me begin with a little introduction. 0:00:18.907,0:00:22.852 First of all, thank you for taking the time to tell me your story. 0:00:22.852,0:00:29.801 My name is Heather Bruce Satrom, I teach in ELAP, English Language for Academic Purposes, at Montgomery College, 0:00:29.801,0:00:37.663 and, as you know this project is called History in the Making: Documenting Stories of Immigrant and Refugee Students at MC. 0:00:37.663,0:00:45.074 The goal is to help others better understand the experiences of immigrants and refugees in Montgomery County Maryland. 0:00:45.074,0:00:49.468 So, telling your story will enable others to better understand 0:00:49.468,0:00:52.591 the challenges that immigrants and refugees face, and 0:00:52.591,0:00:57.449 better appreciate the resilience and perseverance of people in your community. 0:00:57.449,0:00:59.850 So I am grateful for your participation. 0:00:59.850,0:01:04.875 Today is Friday, March 24th. This is the first of two interviews. 0:01:04.875,0:01:10.623 This interview will focus on your experience related to your country of origin, the Philippines, 0:01:10.623,0:01:13.022 and we'll take about one hour. 0:01:14.000,0:01:15.200 So let me begin. 0:01:15.200,0:01:18.589 First of all, could you tell me your full name and spell it please? 0:01:18.589,0:01:21.711 Hi I'm Phi Nagpala 0:01:21.711,0:01:24.880 p, h, i, n, a, g, p, a, l, a 0:01:25.320,0:01:28.042 Do I have permission to record this interview? 0:01:28.042,0:01:29.238 Yes!

0:01:29.238,0:01:29.738 Thank you! 0:01:31.720,0:01:37.456 Let's begin with your name. Do people in the United States have trouble saying your first name, 0:01:37.456,0:01:40.576 or your family name and if so, do you use a nickname? 0:01:40.576,0:01:42.892 Yeah the.. 0:01:43.880,0:01:46.980 having difficulty in saying my name. 0:01:48.180,0:01:49.985 I use my nickname, 0:01:49.985,0:01:52.606 but even my nickname, 0:01:52.606,0:01:58.570 it's hard for them, because sometimes they're laughing at me because they thought it's sounds like p-e-e. 0:01:58.570,0:02:01.680 So, yeah, and 0:02:03.720,0:02:06.485 even my family name, 0:02:06.485,0:02:07.481 it's hard for them. 0:02:07.481,0:02:11.433 And the name Phi, it's related to your home country, the Philippines, is that right? 0:02:11.433,0:02:12.449 Yeah. 0:02:12.449,0:02:17.564 It's 'Phi' Philippines and Pinagpala when you combine them it's 0:02:18.560,0:02:21.401 meaning blessed. 0:02:21.401,0:02:23.442 That's lovely, that's lovely. 0:02:23.442,0:02:26.345 Thank you for sharing that. And where do you live, now? 0:02:26.345,0:02:30.407 Yeah, I live in Germantown, Maryland. 0:02:30.407,0:02:32.455 And you've lived there since? 0:02:32.455,0:02:35.040 Since 2014, in Maryland. 0:02:36.300,0:02:38.363 And are you.. 0:02:38.363,0:02:40.474 let's see, so you moved here from 0:02:40.474,0:02:42.550 Las Piñas City, is that correct?

0:02:42.550,0:02:43.980

Yeah, Las Piñas City, 0:02:44.940,0:02:46.122 Philippines. 0:02:46.122,0:02:47.802 Okay, and.. 0:02:47.802,0:02:51.429 and now you're studying nursing at Montgomery College, is that right? 0:02:51.429,0:02:52.874 Yeah, I'm.. 0:02:52.874,0:02:54.360 I'm studying 0:02:55.360,0:02:57.319 major in nursing, yeah. 0:02:57.319,0:03:04.066 And can you tell me a little bit about the work that you do here, in the DMV area? 0:03:04.066,0:03:06.652 I'm.. 0:03:06.652,0:03:07.670 I work in 0:03:08.640,0:03:12.623 Virginia Hospital Center as a clinical technician. 0:03:12.623,0:03:14.579 My primary 0:03:14.579,0:03:16.040 job is 0:03:16.040,0:03:19.562 assisting the nurses and taking care of the patients, 0:03:19.562,0:03:24.318 and I'm assigned in Behavioral Health Unit, 0:03:24.318,0:03:26.825 wherein T 0:03:26.825,0:03:31.991 take care, or deal with people with mental issues, or 0:03:31.991,0:03:34.175 behavioral problems, yeah. 0:03:34.175,0:03:36.690 It sounds like very challenging work. 0:03:36.690,0:03:38.160 Yes, indeed. 0:03:39.160,0:03:46.167 Dealing with these people, having a difficult, you know, time in their life.. 0:03:46.167,0:03:48.420 The most 0:03:50.040,0:03:53.636 challenging is those who are really depressed. 0:03:53.636,0:03:57.060 So the people with depression is not a joke.

0:03:57.780,0:04:00.333 So seeing them 0:04:00.333,0:04:04.246 getting well, is a fulfillment, yeah. I.. 0:04:04.246,0:04:06.080 I feel happy when I'm.. 0:04:06.080,0:04:06.927 I'm help.. 0:04:06.927,0:04:09.602 I'm one of the those teams who help them. 0:04:10.600,0:04:13.553 It sounds like it can be challenging, but also rewarding. 0:04:13.553,0:04:15.000 Yes. 0:04:16.560,0:04:18.337 So let's talk about 0:04:18.337,0:04:20.853 where you grew up. 0:04:20.853,0:04:23.866 What.. did you grow up in Las Piñas City or in a different city? 0:04:24.840,0:04:25.360 Yeah I.. 0:04:25.360,0:04:27.333 I grew up in 0:04:27.333,0:04:28.627 Las Piñas City. 0:04:28.627,0:04:33.360 Actually Muntinlupa, where I born, and Las Piñas City. 0:04:33.360,0:04:38.888 I'm going to go back and forth, yes, so. but most of my, 0:04:38.888,0:04:41.880 from my teenage years up to 0:04:42.900,0:04:45.209 I got married, I was in Las Piñas City. 0:04:45.209,0:04:49.744 And can you tell me a little bit about when you were growing up, who was in your family? 0:04:49.744,0:04:53.041 So, as I mentioned, I was 0:04:53.041,0:04:54.083 go back and forth. 0:04:55.080,0:04:57.180 My childhood, 0:04:58.320,0:05:00.297 I spent it with my.. 0:05:00.297,0:05:14.340 I stayed with my grandparents, wherein I lived with my cousins, aunt, uncle, yeah. And in Las Piñas, where I stayed with my parents, it's just us,

0:05:15.540,0:05:17.448 my siblings and my parents, yeah. 0:05:17.448,0:05:25.452 So when Filipinos think about family, do they think of it as a large extended family? Do you have a large family in the Philippines? 0:05:25.452,0:05:27.561 Yes, yes. 0:05:27.561,0:05:33.451 Yeah, I grew up with my cousins nearby, we grew up together, yeah. 0:05:33.451,0:05:36.836 It is fun, it's fun, yeah. 0:05:36.836,0:05:42.989 Can you tell me more about what made it fun? What kind of activities you did together or some of the memories you have. 0:05:42.989,0:05:47.604 Although it's difficult because 0:05:47.604,0:05:54.420 we are disciplined by, of course, the grandparents, we cannot.. we can't 0:05:55.260,0:06:02.700 just play at any time we wanted.. we just.. we needed to finish all the household chores first. 0:06:02.700,0:06:04.986 And 0:06:04.986,0:06:07.499 it's.. there's.. 0:06:08.480,0:06:09.625 knowing that 0:06:09.625,0:06:12.651 you have the same age around you, 0:06:12.651,0:06:18.871 and you're sharing the same interest, and you're playing together, yeah, that's fun. 0:06:18.871,0:06:24.084 Can you tell me about the chores that you did when you were younger, when you were a child? 0:06:24.084,0:06:26.974 Yeah, we don't have vacuum, 0:06:26.974,0:06:32.792 so we use swept, brooms and 0:06:34.760,0:06:43.080 we have this thing called bunot, wherein we.. to make the floor shiny, yes. 0:06:44.880,0:06:46.978 That's how you do it. 0:06:46.978,0:06:50.608 We don't have this faucet .. 0:06:50.608,0:06:52.380 faucet wherein you can 0:06:52.980,0:07:03.180 wash the dishes with. I don't know how to call it, but we have to pump, oh it's a pump.. we 0:07:03.180.0:07:10.620have to pump the water out of the.. from underground, and we bring it inside the..

0:07:10.620,0:07:17.819 inside our home, and we can use it to you know wash everything, yeah, we did that. 0:07:17.819,0:07:22.699 Do you think about that sometimes, now, when you're washing dishes here how different? 0:07:22.699,0:07:28.310 Oh my God, I'm telling my kids, "how lucky you are, 0:07:28.310,0:07:36.360 you don't have to use bunot to make the floor shine," you know. 0:07:37.020,0:07:39.699 Kids now are lucky. 0:07:39.699,0:07:42.660 Thank you so much for sharing that memory, I love that. 0:07:43.260,0:07:49.500 So tell me a little bit about the language that you spoke at home when you were growing up. 0:07:50.580,0:07:52.374 Only Tagalog. 0:07:52.374,0:07:56.220 Philippine.. our Philippine language, yeah, only Tagalog we.. 0:07:57.240,0:08:02.641 we actually don't speak English. 0:08:02.641,0:08:04.980 When did you first start studying English? 0:08:06.240,0:08:10.524 When I was studying in.. 0:08:10.524,0:08:12.322 from elementary to high school, 0:08:12.322,0:08:12.960 and college. 0:08:14.460,0:08:15.342 And look at you now! 0:08:15.342,0:08:16.840 Isn't that perfect? 0:08:16.840,0:08:23.522 Do you still have the opportunity to speak Tagalog with family members here? 0:08:23.522,0:08:31.320 Yeah, when I speak with my husband, with my kids.. we still 0:08:32.960,0:08:36.900 trying to encourage our children to 0:08:36.900,0:08:42.960 speak English, no Tagalog, because we want them not to forget to, you know, 0:08:45.000,0:08:46.732 our language. 0:08:46.732,0:08:49.826 Absolutely, so you raise your children bilingually? 0:08:49.826.0:08:55.654Yeah, but, you know what, I want to share this, my youngest son,

0:08:55.654,0:08:58.518 he has this delayed speech, 0:08:58.518,0:09:02.936 but when he started talking, like around four years old, 0:09:02.936,0:09:06.560 he doesn't know how to speak Tagalog, he speaks English, weirdly. 0:09:07.574,0:09:09.182 And then when we 0:09:09.182,0:09:17.823 came here, he doesn't have this difficulty in, you know, communicating with the other children, 0:09:17.823,0:09:23.075 but then he learned Tagalog when he was here already, that's funny, right? 0:09:23.075,0:09:26.577 So you made sure that he did learn the language? 0:09:26.577,0:09:27.220 Yeah. 0:09:27.220,0:09:33.670 By bringing him back to the Philippines and having him spend time with your extended family? 0:09:33.670,0:09:36.214 No, we teach him here. 0:09:36.214,0:09:36.999 I see. 0:09:36.999,0:09:42.655 Yeah, he never learned.. back in my country he never learned to speak in Tagalog. 0:09:42.655,0:09:45.247 He only speaks English. 0:09:45.247,0:09:47.237 That's funny. 0:09:47.237,0:09:49.244 But now he's bilingual? 0:09:49.244,0:09:51.561 Yeah, he's bilingual. 0:09:51.561,0:09:52.849 That must make you feel .. 0:09:52.849,0:09:54.780 How does that make you feel? 0:09:55.800,0:10:00.952 I feel good, because I keep telling him that he must.. 0:10:00.952,0:10:03.440 he must learn 0:10:03.440,0:10:10.464 our language. And he also took a class in Spanish, I want him also to learn Spanish. 0:10:11.440,0:10:13.080 He speaks three languages? 0:10:13.080,0:10:14.160 Yeah.

0:10:15.420,0:10:20.940 Wonderful, so tell me a little bit now about the house.. You started to tell me a little bit about it. 0:10:20.940,0:10:26.880 But tell me more about the house, or the apartment that you grew up in, and how it was furnished, how 0:10:26.880,0:10:31.200 big it was, how many people lived there? Can you describe your home when you were growing up? 0:10:32.460,0:10:35.095 It's not an apartment, but 0:10:36.080,0:10:42.469 it's like.. it's a house that they build but they don't.. 0:10:42.469,0:10:46.061 but we don't own the land, you know what I mean? 0:10:46.061,0:10:54.172 So, the house is made of.. made of concrete materials, but 0:10:55.160,0:11:00.660 to compare with those who are.. people living in a village. 0:11:01.560,0:11:04.856 You know, they live in a bungalow type of house. 0:11:04.856,0:11:09.914 The house that I lived is not that fancy. 0:11:09.914,0:11:15.036 It's not.. but it's made of concrete materials, and 0:11:15.036,0:11:20.220 we have a living room, 0:11:21.660,0:11:26.519 bathroom, but then 0:11:26.519,0:11:31.256 we don't have our room for ourselves. 0:11:31.256,0:11:35.265 The only room.. we have the bedroom for only my parents, 0:11:35.265,0:11:37.782 but us, we don't have our own, so. 0:11:37.782,0:11:41.770 How many people were in the house all together when you were growing up? 0:11:41.770.0:11:45.540 In my grandparents', 0:11:47.400,0:11:50.874 one, two, three, four, five, six, seven, eight? 0:11:50.874,0:11:55.227 Yeah, eight, sometimes nine, sometimes ten, whoever comes. 0:11:55.227,0:12:00.349 But in my parents it's.. my five.. we are five 0:12:00.349,0:12:06.591 children in there, with my four siblings, and my parents, my mother and father, 0:12:06.591,0:12:08.272 so it was seven.

0:12:08.272,0:12:13.500 And how did you feel about that when you were growing up, with all these people living together in one place? 0:12:18.780,0:12:20.537 I didn't.. 0:12:20.537,0:12:27.149 For me, it's.. I see it as normal, 0:12:27.149,0:12:29.385 because that's what.. 0:12:30.360,0:12:35.686 That's what I grew up with. I feel like it's normal, but then 0:12:35.686,0:12:37.320 when I had my own family, 0:12:37.320,0:12:40.463 I realized it's not normal. 0:12:40.463,0:12:44.019 You have your.. you have to have your own privacy. 0:12:45.000.0:12:55.000 That's interesting, so do you sometimes share these stories now, and and think about the difference between how you grew up and the way you live now? Do you share that with your children? 0:12:56.000,0:12:57.720 Do you reflect on that sometimes? 0:13:00.120,0:13:02.828 But my.. not really. 0:13:02.828,0:13:08.608 But my children, like my son, they miss 0:13:08.608,0:13:12.053 our family back there because, you know, here 0:13:12.053,0:13:14.296 you cannot just 0:13:14.296,0:13:22.869 be with your friends that easy because you have to drive, you have to ... you know, but then in... 0:13:22.869,0:13:25.520 in my country, inside ... 0:13:25.520,0:13:32.520 inside the house, everyone was there. You don't have to look for another people to be with. 0:13:32.520,0:13:34.860 So, you were.. 0:13:35.640,0:13:41.160 you mentioned the word privacy. Do you feel like there's a big difference between 0:13:42.000,0:13:47.580 privacy in American culture and the concept of privacy in the Philippines? 0:13:48.240,0:13:54.200 Yeah, actually I just realized that recently, because my son, 0:13:54.200,0:13:56.400

of course he has his own 0:13:57.420,0:13:59.037 bedroom. 0:13:59.037,0:14:03.178 He always wants the door closed. 0:14:03.178,0:14:06.960 Every time I come into his room, and I 0:14:08.220,0:14:13.185 turn around, he says, "can you please close my door before you..?" 0:14:13.185,0:14:18.050 Okay, I realized that we don't do that in our country. 0:14:18.050,0:14:21.952 And actually we don't have our bedroom. So, 0:14:24.000,0:14:27.300 now I realize that some.. there's.. 0:14:27.960,0:14:35.460 While these kids my age during that time, I needed privacy, too, but I didn't 0:14:35.460,0:14:42.600 have that chance to have my privacy, because me and my siblings, we shared the same ... 0:14:43.620,0:14:54.000 I believe that's a room. We just, I lay a mop.. I lay down some kind of a mat, and then we all laying 0:14:54.000,0:14:58.021 down there when we needed to sleep at night. 0:14:58.021,0:15:00.000 Thank you for sharing that memory. 0:15:01.800,0:15:06.065 Tell me a little bit about meal times in your family. 0:15:06.065,0:15:10.499 What kind of food you would typically eat, or would you all eat dinner together? 0:15:10.499,0:15:13.440 Did you help your parents with cooking? 0:15:16.020,0:15:19.359 I remember when my mother is 0:15:19.359,0:15:23.669 cooking in our meal. 0:15:23.669,0:15:26.700 I'm looking at it so that 0:15:27.480,0:15:36.120 I learned how to cook, because at an early age, like six, you must learn how to cook. At the age 0:15:36.120,0:15:45.180 of six years old. And you must learn how to wash clothes manually by your hands. So everything we 0:15:45.180,0:15:48.390 must learn it from our parents, or we must learn it. 0:15:48.390,0:15:52.253 It's a must, so yeah, and ..

0:15:52.253,0:15:54.480 I remember, 0:15:55.860,0:16:02.040 maybe I'm, as young as seven, there's that moment, 0:16:03.360,0:16:09.840 it's still in my memory, we eat together, but it just happened that one time, after that no. 0:16:10.560,0:16:16.944 Because my parents need to work, so most of the time, it's just me and my siblings. 0:16:16.944,0:16:19.088 Just you and your siblings would eat together? 0:16:19.088,0:16:27.520 Yeah, most of the time, because they're both working, so, yeah. That's one memory that's still in my mind. 0:16:27.520,0:16:35.511 What about at holidays, were there important holidays where you would gather together and eat special foods? 0:16:35.511,0:16:39.780 Yeah, that's the most special moment 0:16:40.560,0:16:47.502 during my childhood, is when it's Christmas, we all get together. 0:16:47.502,0:16:51.236 Oh my God, all of us, 0:16:51.236,0:16:56.339 my grandparents, my cousins, all of us. 0:16:56.339,0:17:06.840 And we're celebrating it and we're having fun, and we exchange gifts, and that's the most important part, the gifts that we're receiving 0:17:07.800,0:17:09.546 every Christmas. 0:17:09.546,0:17:14.835 I'd like to talk about the gifts at Christmas, but first could you tell me a little bit about.. 0:17:14.835,0:17:17.229 if we could go back to food, 0:17:17.229,0:17:22.233 I've heard that rice is very important in Filipino culture. Would you agree? 0:17:22.233,0:17:25.343 Yeah, rice is life. When we.. 0:17:25.343,0:17:28.380 If we don't have eaten rice during the meal, 0:17:29.160,0:17:31.362 we felt like we're weak, 0:17:31.362,0:17:32.840 we're feeling weak. 0:17:32.840,0:17:34.521 If you don't have rice, you feel weak? 0:17:34.521,0:17:43.800 Yeah, we tried that here, when we came here first, that okay, let's eat like Americans; bread, cereal,

0:17:44.520,0:17:46.258 but 0:17:46.258,0:17:52.329 my kids are like, "mom can we have rice? We feel dizzy." 0:17:52.329,0:17:58.132 I'm telling you it's true. We feel dizzy. So yeah, back in my country we all.. 0:17:58.132,0:17:59.558 morning, rice. 0:17:59.558,0:18:01.360 lunch, rice. 0:18:01.360,0:18:03.749 dinner, rice. 0:18:03.749,0:18:05.761 It sounds like a very important dish. 0:18:05.761,0:18:06.261 Yeah. 0:18:07.240,0:18:14.767 Let's go.. Are there other foods that are really important in Filipino culture, like traditional foods? 0:18:16.760,0:18:29.538 Every Lenten Season.. no, not.. on Lenten Season, we don't eat meat, we avoid meat. During Lenten Season, 0:18:29.538,0:18:34.260 we can only eat fish, that's it. And .. 0:18:36.060,0:18:38.153 every, 0:18:38.153,0:18:41.968 what's this.. All Soul's Day, yeah, 0:18:41.968,0:18:47.880 we put this, we call it .. 0:18:49.080,0:18:54.478 it's like a sticky rice. We put it in the 0:18:54.478,0:18:57.840 altar, it's like to.. 0:18:58.620,0:19:03.900 we have this belief that our relatives who passed away will visit our homes, 0:19:03.900,0:19:06.499 and that's offering. 0:19:06.499,0:19:08.960 Your ancestors. 0:19:08.960,0:19:15.830 Yeah, not only ancestors, but any relatives or loved ones that passed away. 0:19:15.830,0:19:22.552 So you would offer sticky rice to ancestors and to other family members? 0:19:22.552,0:19:27.668 - Yeah. - And when you mentioned the altar, was that an altar in your home? 0:19:27.668,0:19:30.084 Yeah we have an altar, yeah.

0:19:30.084,0:19:34.216 - Can you describe to me what that was like? - Yeah, there's a.. 0:19:34.216,0:19:40.000 figure of this big picture or figure of 0:19:40.000,0:19:47.931 Mama Mary or Jesus Christ, a cross and Santo Nino, yeah.. 0:19:47.931,0:19:52.380 And we see to it that we put in this 0:19:53.100,0:19:56.660 sampaguita, Jasmine flower.. yeah. 0:19:56.660,0:19:59.366 That sounds beautiful. 0:19:59.366,0:20:03.826 Do you still have an altar in your home now? Do you continue that tradition? 0:20:03.826,0:20:12.770 I have made something, but not that.. like we, back in my county, we have that special place at home. 0:20:12.770,0:20:19.770 But now, I just brought this Santo Niño and my cross from the Philippines here, and 0:20:19.770,0:20:22.906 I just display it. 0:20:22.906,0:20:25.704 The Santo Niño, does that mean the.. 0:20:25.704,0:20:26.559 the.. 0:20:26.559,0:20:27.471 The young 0:20:27.471,0:20:30.840 Jesus Christ. - I was going to say the baby, the infant, yes! - The baby, yeah! 0:20:33.120,0:20:35.414 That sounds really beautiful. 0:20:35.414,0:20:43.140 You mentioned earlier the importance of holidays, and you started to talk about Christmas. Could you tell me more about your memories of celebrating Christmas 0:20:43.140,0:20:45.433 in the Philippines when you were a child? 0:20:45.433,0:20:49.421 Yeah, Christmas for me is very special, 0:20:49.421,0:21:00.120 because that's the time when we can eat special food that we don't eat the ordinary days. -What kind of food? 0:21:03.720,0:21:21.720 We have this usually spaghetti, pancit it's noodles or pancit, lumpia.. -What is lumpia? -It's egg roll, egg roll and ..

0:21:21.720,0:21:25.269 like menudo, yeah. 0:21:25.269,0:21:27.561 What is that? 0:21:27.561,0:21:31.955 -It's beef stew. -Beef stew? -Yeah! 0:21:31.955,0:21:36.000 Do you associate Christmas with beef stew? You remember that? 0:21:36.000,0:21:41.640 Yeah, beef stew, we call it menudo. Beef stew, 0:21:42.660,0:21:46.857 you always find that in every, you know, 0:21:46.857,0:21:49.656 celebration, 0:21:49.656,0:21:51.705 feast, yeah. 0:21:51.705,0:22:02.280 And you mentioned earlier that gifts were very important on Christmas. Can you share any memories you have about special gifts that you received, or that you gave? 0:22:04.440,0:22:11.280 We don't give gifts in Christmas during that time, because we're just, you know, 0:22:11.280,0:22:17.580 kids, so we are the ones receiving gifts, that's why we're enjoying and we love Christmas. 0:22:19.520,0:22:24.120 I'm excited to receive money, and.. 0:22:28.200,0:22:37.320 actually money, because we don't have that, you know, and, yeah.. 0:22:38.340,0:22:44.700 and clothes, new clothes, because we only have clothes, new clothes every Christmas, and 0:22:44.700,0:22:53.940 that will be your your nice clothes during the entire year. Yeah, so, that's the most 0:22:53.940,0:22:57.594 memorable and exciting part of Christmas day. 0:22:57.594,0:23:05.160 Do you remember any particular item of clothing that you received, as a Christmas gift, that was particularly special to you? 0:23:06.300,0:23:13.560 I remember, that's the first and the last time that I wore that, dress because I'm kind 0:23:13.560,0:23:21.660 of boyish. So that yellow dress, that my mom, I think, bought me for Christmas party. 0:23:22.560,0:23:26.008 Yeah, that's so special to me. 0:23:26.008,0:23:30.240 Can you describe the yellow dress a little more? Tell us more about that. 0:23:31.920,0:23:40.560 It's a yellow color, and it's just simple, but it's a dress. I couldn't forget it

0:23:40.560,0:23:44.282 because it's a dress, it's made of .. 0:23:47.280,0:23:51.060 On the top of the linen it's 0:23:51.780,0:23:57.240 see through, you know, and there's a floral here, and it's off shoulder. 0:24:01.360,0:24:06.240 But typically what would you.. what would be typical clothing you would wear, not on a holiday? 0:24:07.380,0:24:12.126 Shorts, t-shirts, yeah. 0:24:12.126,0:24:25.260 You mentioned earlier the Season of Lent. It's Lent now, so we're preparing for.. people are preparing for Easter. Do you have memories of Easter in the Philippines? Any 0:24:25.980,0:24:29.797 particularly strong memories of that holiday? 0:24:29.797,0:24:34.309 Yeah, every Lenten Season, we are not taking .. 0:24:34.309,0:24:44.240 you're not supposed to take a shower on the Friday.. on the Friday. 0:24:44.240,0:24:45.794 Good Friday? 0:24:45.794,0:24:51.645 Yeah, Friday, you're not going to take a shower on Friday. And we.. 0:24:51.645,0:24:56.443 we can only watch about Jesus Christ on television. 0:24:56.443,0:25:09.305 There's no entertainment at all. You don't have to.. you are not allowed to play music during Lenten Season. And.. 0:25:11.280,0:25:18.600 in every Lenten Season, we have to .. 0:25:20.880,0:25:25.657 I think, what else we do? 0:25:25.657,0:25:29.667 You have to be quiet, quiet, no playing, 0:25:29.667,0:25:31.559 no playing. 0:25:31.559,0:25:33.089 On Good Friday or throughout all of Lent? 0:25:33.089,0:25:49.082 Friday and all throughout Lent. One week, you cannot watch entertainment on TV. Just watch about Jesus Christ and religious things and 0:25:49.082,0:25:51.368 you don't play music, 0:25:51.368,0:25:53.719 you don't play music. 0:25:53.719,0:25:55.620 And on Easter Sunday, would you go to church?

0:25:57.240,0:26:00.027

Yeah, we go to church. Actually I'm.. 0:26:00.027,0:26:15.000 I baptized as a Protestant. I'm not a Catholic, but I grew up with a Catholic environment, you know, I'm attending the Catholic Church mass, and 0:26:16.000.0:26:19.790 we live in a Catholic, you know .. 0:26:19.790,0:26:22.616 We have this altar, yeah, but I'm a Protestant. 0:26:22.616,0:26:26.400 Can you describe any memories of 0:26:27.000.0:26:32.220 Easter when you were growing up? Do you have any particularly strong memories of that holiday? 0:26:32.220,0:26:34.216 No. 0:26:34.216,0:26:37.028 Are there any special foods that you would eat on that day? 0:26:37.028,0:26:39.240 No, we don't celebrate Easter. 0:26:40.440,0:26:47.280 Okay, so tell me a little bit more about, you mentioned that during Lent you would watch 0:26:48.360,0:26:54.256 only TV shows related to your religion. 0:26:54.256,0:27:00.180 Can you tell me a little bit more about music and entertainment and television when you were growing up? 0:27:04.800,0:27:11.880 I remember, it was.. we haven't had.. we don't have television at home, 0:27:11.880,0:27:20.169 when I was.. during my childhood. We started to have a television when my parents were able to 0:27:20.169.0:27:23.580 sold this.. we have a 0:27:24.360,0:27:30.360 small piggery. They took care of this pig and they sold it, and then that's the time we 0:27:30.360,0:27:32.812 had a television. They bought a television. 0:27:32.812,0:27:39.060 So, I remember I watched Voltes V. 0:27:41.220,0:27:44.340 Let me go back, I want to make sure that I understand that. So you 0:27:44.340,0:27:47.760 did not have a television at home, would you watch it somewhere else? 0:27:49.860,0:27:56.886 I.. we had a TV when I was, I think, already nine years old. 0:27:56.886,0:28:04.348 And so, you do remember when your parents brought the television into your house at age nine? 0:28:04.348.0:28:12.349

Yeah, we were so very happy, because we're not going to our neighbor to, you know, watch TV. We have our own at home. 0:28:12.349,0:28:14.320 But before that you would go to the neighbors to watch shows? 0:28:14.320,0:28:16.880 Yes, yes. 0:28:16.880,0:28:19.260 Tell me about the kind of shows that you watched. 0:28:21.000,0:28:23.460 Usually Tagalog film. 0:28:23.460,0:28:26.880 Tagalog shows, like a Filipino shows, yeah. 0:28:28.260,0:28:35.040 Do you remember watching any American TV shows, when you were a child, or movies? 0:28:37.560,0:28:39.504 No. 0:28:39.504,0:28:49.080 Sometimes people have memories about what they thought the United States was going to be like, and then how it was different when they got here and 0:28:49.080,0:28:54.780 sometimes that's influenced by American movies, or music, or television shows. 0:28:55.560,0:29:03.840 So, tell me a little bit about, you mentioned that during Lent, you would not play music, or .. 0:29:04.920,0:29:09.723 Can you tell me a little bit about music that you enjoyed? 0:29:09.723.0:29:18.060 Did you listen to the radio? Did people play music in your community, in your neighborhood? Tell me a little bit about music. 0:29:20.340,0:29:22.742 My favorite, I.. 0:29:22.742,0:29:25.033 My favorite is menudo. 0:29:25.033,0:29:28.412 Ah! Yes! 0:29:28.412,0:29:31.013 I loved collecting their stuff. 0:29:31.013,0:29:35.460 Yeah, I heard from them too, Menudo, yes! 0:29:35.460,0:29:40.860 Yeah, Menudo, yeah. I heard music, 0:29:44.840,0:29:49.383 American Music, you know, like 0:29:50.360,0:29:53.188 Skyline Pigeon Fly, it's old. 0:29:53.188,0:30:00.603 Yeah, but who's singing that song? Skyline Pigeon Fly, yeah.

0:30:00.603,0:30:03.960 and yeah I listen but my favorite is Menudo. 0:30:04.800,0:30:08.124 I didn't catch the name that you mentioned "Sky .. " what was it? 0:30:08.124,0:30:14.952 Skyline Pigeon Fly. I don't know who sings that song, but I always heard that when I was young. 0:30:14.952,0:30:16.800 Interesting! I have to look that one up. 0:30:17.880,0:30:20.867 Did you ever go to the movies when you were growing up? 0:30:20.867,0:30:25.708 Yeah, yeah, but only Filipino movies. 0:30:25.708,0:30:29.120 Do you remember any movie.. I'm sorry go ahead. 0:30:29.120,0:30:32.520 Most of the stories from rags to riches, yeah. 0:30:35.280,0:30:37.473 Is that a popular theme in Filipino..? 0:30:37.473,0:30:40.570 Yeah, it's popular during the time that, 0:30:42.560,0:30:45.696 I go to the movie by myself is Sharon Cuneta, 0:30:45.696,0:30:51.180 she's the most popular actress that time, so every time she 0:30:52.380,0:30:58.200 has a movie showing, I really go to a movie theater by my own, and then.. 0:30:58.200,0:31:00.241 I like the.. 0:31:00.241,0:31:04.967 I'm inspired by her. I've always go from rags to riches. 0:31:04.967,0:31:08.040 Which actress was that? Could you tell me her name again? 0:31:09.040,0:31:10.520 Sharon Cuneta. 0:31:10.520,0:31:11.988 Okay I'll have to look her up. 0:31:11.988,0:31:13.480 Yeah. 0:31:13.480,0:31:21.240 So tell me a little bit about school and education in the Philippines, when you were growing up. Do you have any memories you could share about your school? 0:31:22.020,0:31:29.700 Yeah, we are just very fortunate that my father worked in.. 0:31:31.860,0:31:39.060 in the company wherein the owner 0:31:40.080,0:31:48.984 has this presidential.. not a scholarship.. presidential

0:31:48.984,0:31:51.420 discount for the 0:31:53.220,0:31:58.142 employees and their children if they want to study because it's a school. 0:31:58.142,0:32:03.069 it's a school, and my father worked there.. 0:32:03.069,0:32:08.340 worked there, and then we had a chance to finish 0:32:09.600,0:32:12.368 high school to college. So .. 0:32:12.368,0:32:15.301 What kind of work did your father do? 0:32:15.301,0:32:22.193 He was a construction before, and then he turned to Housekeeping Department. 0:32:22.193,0:32:27.978 So the school was associated with the company that he worked for? 0:32:27.978,0:32:35.220 The school itself is owned by this.. can I mention his name? 0:32:36.480,0:32:42.645 Antonio Laperal Tamayo, he's a businessman and at the same time a philanthropist. 0:32:42.645,0:32:43.443 Interesting! 0:32:43.443,0:32:51.688 So all his employees, yeah, they have that opportunity to 0:32:51.688,0:32:54.180 study in the school he owns, 0:32:54.780,0:32:56.597 their children. 0:32:56.597,0:33:01.087 Can you tell me a little bit more about your educational experience? 0:33:01.087,0:33:06.240 How many students were in the classroom, for example, when you were in elementary school? 0:33:08.640,0:33:11.460 Elementary School I was in public, so 0:33:15.000,0:33:22.476 we are like 30 in the classroom, yeah, when I was in elementary. 0:33:22.476,0:33:23.848 13 or 30? 0:33:23.848,0:33:25.620 30. three, zero. 0:33:25.620,0:33:31.306 Okay, and then you went to a private school that was run by this company when you went to high school? 0:33:31.306,0:33:35.425 Yeah, when I went to high school, so it's a private school. 0:33:35.425,0:33:37.560

Was that a hard transition? 0:33:39.840,0:33:42.240 Yeah, it is. 0:33:42.240,0:33:42.740 Tell me more about it. 0:33:44.640,0:33:48.540 Because in public school, 0:33:50.040,0:33:53.751 we don't have these activities that they have in a private schools. 0:33:53.751,0:33:56.539 But here's the thing, 0:33:56.539,0:33:59.796 in a private school, you have to.. the only 0:33:59.796,0:34:07.620 free is the tuition fee, but you have to spend for the uniform, 0:34:09.000,0:34:11.726 and, of course, the books, 0:34:11.726,0:34:16.260 unlike in public, you don't have to pay for the books. 0:34:17.040,0:34:21.524 Was it challenging to pay for the books and the uniforms, was that hard? 0:34:21.524,0:34:24.281 Yeah, so most of the time, 0:34:24.281,0:34:28.434 the uniform is hand down from, 0:34:28.434,0:34:33.449 from somebody who studied there. It's a hand down. 0:34:33.449,0:34:39.840 So we don't have new ones. Books also a hand down from, you know .. 0:34:39.840,0:34:42.480 How many brothers and sisters do you have? 0:34:44.280,0:34:47.342 Two sisters and two brothers. 0:34:47.342,0:34:50.160 And where do you come in the family? What number are you? 0:34:50.700,0:34:52.165 I'm number two. 0:34:52.165,0:34:57.386 Okay, so would you wear hand-me-downs from your older sibling? 0:34:57.386,0:34:59.880 No, from other people. 0:34:59.880,0:35:01.411 Okay. 0:35:01.411,0:35:02.270 Yeah, from other people. 0:35:02.270,0:35:12.120 And was it academically challenging when you went from public school to a private high school? Did you find that it was difficult?

0:35:18.000,0:35:19.686 Not really. 0:35:20.000,0:35:22.440 Did you enjoy high school? 0:35:22.920,0:35:23.440 Pardon? 0:35:23.920,0:35:25.458 Did you enjoy high school? 0:35:25.458,0:35:28.168 Yeah, I really enjoyed high school. 0:35:28.168,0:35:32.014 Tell me what you enjoyed about it. 0:35:32.014,0:35:35.340 Because it's a private school, so 0:35:36.720,0:35:38.324 I have.. 0:35:38.324,0:35:40.982 I've been in this surrounding.. 0:35:40.982,0:35:43.920 I'm surrounded with this, you know, people.. 0:35:46.640,0:35:48.510 classmates with ... 0:35:48.510,0:35:53.640 I consider them rich. 0:35:54.660,0:35:56.100 They're rich, and.. 0:35:58.860,0:36:03.942 There's part of me that I felt somehow 0:36:03.942,0:36:12.231 jealous that they have this thing that I don't have. They're nice, they.. 0:36:12.231,0:36:18.900 they share and they make.. they were nice to me, and, yeah, 0:36:19.440,0:36:22.699 I've learned a lot of 0:36:22.699,0:36:23.580 stuff like, 0:36:25.560,0:36:28.793 something that is.. I don't have, like, 0:36:30.760,0:36:37.212 we don't have gadgets at that time.. There's gadgets like this pager, 0:36:37.212,0:36:41.160 yeah, they have pager, and a phone .. 0:36:41.880,0:36:44.981 it's the thick one. 0:36:44.981,0:36:51.049 So some of the things that you saw your peers have,

0:36:51.049,0:36:54.878

that made you feel a little bit jealous, like you wanted to have those things too? 0:36:54.878,0:37:02.780 Yeah, I'm just questioning, why I don't have that? And they actually give me some of their stuff, that's, you know ... 0:37:02.780,0:37:06.396 What are some things that they gave you? 0:37:06.396,0:37:11.340 Like they share me like 0:37:13.380,0:37:18.097 a fancy book, 0:37:18.097,0:37:22.214 a bracelet, like that, you know, and 0:37:22.214,0:37:24.660 I remember, it's 0:37:25.620,0:37:31.200 most of the teenagers during that time, they have these stationaries, a special paper 0:37:31.200,0:37:32.520 with the.. you know? 0:37:32.520,0:37:33.520 Yes. 0:37:33.520,0:37:37.827 Yeah, so they give me like, you know, those kind of things, 0:37:37.827,0:37:43.193 which I couldn't buy myself, you know, so.. 0:37:43.193,0:37:48.769 It sounds like your high school experience maybe opened up the world a little bit too? 0:37:48.769,0:37:52.080 Yes, yes, and I started to watch 0:37:57.800,0:37:58.681 American movies. 0:37:58.681,0:38:01.602 Oh, tell me more about that. 0:38:01.602,0:38:05.280 Yeah, what is this movie that .. 0:38:08.820,0:38:13.025 Patrick Swayze the Ghost. 0:38:13.025,0:38:17.363 Yeah, Patrick Swayze and, 0:38:17.363,0:38:21.789 most of these movies of 0:38:21.789,0:38:24.280 Die Hard, yeah. 0:38:24.280,0:38:33.600 So when you saw movies like Ghost or Die Hard, what kind of ideas did you have about America based on those movies? 0:38:38.080,0:38:43.260 Actually, I have already.. I had already, I had already

0:38:43.260,0:38:49.260 an idea about America, because my great grandmother lived in America. 0:38:49.260,0:38:50.760 Oh interesting. 0:38:51.180,0:38:52.703 That's interesting. 0:38:52.703,0:38:57.780 Yeah, my great-grandmother lived in America, so every time she visited the country ... 0:38:59.460,0:39:05.220 Yeah, I knew America as a place with a lot of chocolates. 0:39:05.220,0:39:07.720 A place with a lot of chocolates? 0:39:08.700,0:39:12.397 Yeah, a lot of chocolates, and a place wherein 0:39:12.397,0:39:14.360 there's a lot.. you can eat 0:39:14.360,0:39:17.860 what's this.. corned beef. 0:39:17.860,0:39:21.392 Spam. 0:39:21.392,0:39:27.309 Spam, that's interesting. I heard that Filipinos enjoy spam, is that true? 0:39:27.309,0:39:27.840 Yeah. 0:39:29.840,0:39:30.429 And how do you prepare it? 0:39:30.429,0:39:31.920 Pardon? 0:39:32.920,0:39:37.525 How do you cook it? Do you heat it up? How do you.. what do you.. 0:39:37.525,0:39:38.387 Fry. 0:39:38.387,0:39:39.540 You fry it, okay. 0:39:40.000,0:39:45.737 So tell me more about your grea,t you said your great grandmother lived in the United States? 0:39:45.737,0:39:46.500 Yes. 0:39:47.760,0:39:49.299 Where did she live? 0:39:50.280,0:39:51.240 Hawaii? 0:39:51.240,0:39:55.727 Hawaii or 0:39:55.727,0:39:56.735 Guam, yeah. 0:39:56.735,0:39:59.340 Okay, so you have, in your family,

0:40:00.300,0:40:03.660 multiple generations going back and forth between the United States 0:40:03.660,0:40:06.025 and the Philippines, it sounds like. 0:40:06.025,0:40:14.340 Yeah, I also have aunt, my father's sister, living 0:40:15.600,0:40:19.689 in Chicago, and they didn't .. 0:40:19.689,0:40:24.208 It's seldom they visited the country, so 0:40:24.208,0:40:31.241 our country, so whenever they visited the country, it's like a feast, it's like a... 0:40:31.241,0:40:33.920 They bring presents to you when they came? 0:40:33.920,0:40:39.480 They have a package that, you know, distributed to every, you know .. 0:40:40.980,0:40:44.400 They have packages they would distribute, yeah. Did they make packages to you, as well? 0:40:46.260,0:40:48.267 I remember they.. 0:40:48.267,0:40:50.760 I received lipstick. 0:40:51.760,0:40:53.800 It's interesting that the things .. 0:40:53.800,0:40:58.899 Because we're a lot, so, you know .. 0:40:58.899,0:41:02.652 You can just bring home small stuff, so that you can, you know .. 0:41:02.652,0:41:04.018 everyone receive something. 0:41:04.018,0:41:09.480 I love that story, I love that story. So at what year did you finish high school? 0:41:12.480,0:41:13.960 Pardon? 0:41:14.920,0:41:16.001 In what year did you graduate from high school? 0:41:16.001,0:41:17.480 1986. 0:41:17.480,0:41:23.917 Okay, and then, what did you do after high school, did you work, or did you continue your education? 0:41:23.917,0:41:30.060 I, actually, on and off from college because, you know, 0:41:31.140,0:41:43.440 I had to work and stop college and I changed.. I every time I shift majors so until I ended 0:41:43.440,0:41:52.680 up taking Bachelors of secondary .. in

Secondary Education I just realized I wanted to

0:41:52.680,0:41:53.995 be a teacher. 0:41:53.995,0:42:00.691 You wanted to be a teacher, so you studied secondary education and earned your Bachelor's Degree in the Philippines? 0:42:00.691,0:42:01.537 Yes. 0:42:01.537,0:42:02.598 And did you work 0:42:02.598,0:42:06.300 as a teacher there? - Yes, yes I worked 0:42:06.840,0:42:15.300 as a teacher for two years, I think, two years. Then I gave birth, so I had to stop from 0:42:15.300,0:42:16.497 teaching. 0:42:16.497,0:42:19.160 You stopped teaching when you had your son? 0:42:19.160,0:42:20.238 First, yeah. 0:42:20.238,0:42:24.060 Okay, and did you enjoy teaching? 0:42:25.800,0:42:29.835 I enjoyed it at first, but then 0:42:29.835,0:42:35.820 it became stressful and .. 0:42:37.920,0:42:40.279 burnt, burned out? 0:42:40.279,0:42:41.779 You got burned out? 0:42:41.779,0:42:42.279 Yeah! 0:42:42.279,0:42:44.640 What subject did you teach? 0:42:45.640,0:42:46.760 History. 0:42:46.760,0:42:49.474 Interesting and 0:42:50.440,0:42:54.180 what did you find stressful or challenging about teaching? 0:42:56.400,0:43:05.700 It's because, after your hour of work from the school, you bringing your 0:43:07.440,0:43:09.625 paper work at home. 0:43:09.625,0:43:10.524 Yes. 0:43:10.524,0:43:16.661

And you have.. you have to continue studying, studying, studying, so that you know 0:43:16.661,0:43:19.333 what you're going to teach, 0:43:19.333,0:43:22.140 and then, you will have to work on your .. 0:43:23.960,0:43:28.395 What do you call this?.. prepare.. 0:43:28.395,0:43:32.148 prepare for your next class, tomorrow. - Lesson planning. 0:43:32.148,0:43:33.360 Lesson plan. 0:43:34.320,0:43:37.074 It's a lot, and you have to check all papers.. 0:43:37.074,0:43:38.280 all the papers. 0:43:40.080,0:43:40.580 0:43:40.580,0:43:42.630 I am familiar with this, yes! 0:43:42.630,0:43:43.553 Yes! 0:43:43.553,0:43:47.760 So did you.. so you worked as a history teacher 0:43:48.540,0:43:52.320 in a high school for a few years, and then you stopped. Did you ever go back to teaching? 0:43:53.820,0:43:54.547 No. 0:43:54.547,0:44:00.540 Okay, and so, then when did you develop your interest in working in the nursing field? 0:44:04.200,0:44:07.388 This is the story about behind this nursing stuff, 0:44:07.388,0:44:08.280 this nursing thing. 0:44:09.240,0:44:17.160 My father really wants me to be a teacher.. to be a nurse. He really wants me to be a nurse, but 0:44:17.160,0:44:19.967 I'm not interested with that. So 0:44:19.967,0:44:21.556 I finished as 0:44:21.556,0:44:25.320 a teacher, but then when I came here in the U.S., 0:44:27.120,0:44:28.660 I had no work 0:44:28.660,0:44:35.460 to, you know, work to .. I cannot find work easily because

0:44:36.660,0:44:38.780 I need to 0:44:38.780,0:44:45.824 acquire these working, that the government allowed me to work here, like 0:44:45.824,0:44:49.336 a work document. I mean, because 0:44:49.336,0:44:54.180 I'm the wife, the wife of this person who came here, so 0:44:55.140,0:44:58.952 I need to apply for that. So 0:44:58.952,0:45:02.580 I met this another Filipino who 0:45:03.480,0:45:07.596 asked me if I want to take care of .. you know, as a caregiver, 0:45:07.596,0:45:08.640 private caregiver, 0:45:09.480,0:45:11.844 so that's how it started. 0:45:11.844,0:45:15.275 That's so interesting, yeah, go ahead. I'm sorry, go ahead. 0:45:15.275,0:45:17.880 Yeah, I find myself liking it, 0:45:18.540,0:45:23.932 and it's easy for me, and, yeah so I thought 0:45:23.932,0:45:31.749 "oh my God, why didn't I finish nursing? you know, back in my country, so that I could be a nurse here. 0:45:31.749,0:45:37.077 I find it so interesting that your father wanted you to become a nurse, 0:45:37.077,0:45:44.263 and that now you are working in nursing. Is your father still alive? Does he know that you're working as a nurse now? 0:45:46.240,0:45:48.880 Yeah! 0:45:48.880,0:45:51.105 He must be very proud of you. 0:45:52.080,0:45:59.700 That's a beautiful story and you also realize that you really enjoy nursing, too, so I think that's beautiful. 0:46:02.040,0:46:07.497 You mentioned that you came here to the United States 0:46:07.497,0:46:10.201 with your husband, when you first came. 0:46:10.201,0:46:20.513 That was in 2014? Can you tell me a little bit about how you felt when you decided, the two of you, to come to the United States? 0:46:20.513.0:46:23.580 Were you excited, were you nervous what were your feelings?

0:46:24.720,0:46:31.200 First, the feeling is excitement, very, very excited. 0:46:32.220,0:46:35.640 Knowing that we're coming here the next day, I didn't sleep at all. 0:46:38.100,0:46:38.600 0:46:38.600,0:46:41.452 And did you come directly to Maryland? 0:46:41.452,0:46:42.840 Directly in Maryland. 0:46:44.700,0:46:48.847 And so, it was your husband's work that 0:46:48.847,0:46:51.781 opened the door to coming to the United States? 0:46:51.781,0:46:59.387 Yeah, my husband.. back in our country, my husband works in, he's in IT. 0:46:59.387,0:47:00.284 In IT? 0:47:00.284,0:47:06.041 Yeah, and he worked in 0:47:06.041,0:47:15.900 a multinational company, and he was.. actually a group of them sent in the U.S. to work on the project, 0:47:16.920,0:47:21.334 and it was like, 0:47:21.334,0:47:34.633 in their agreement, that they can bring their family, and we are very fortunate that the company pay all the expenses. 0:47:34.633,0:47:36.069 For the move? 0:47:36.069,0:47:39.720 To move, yeah.. no only the fair, everything. 0:47:41.340,0:47:42.104 Yeah! 0:47:42.104,0:47:44.640 Was it..? go ahead, I'm sorry, go ahead. 0:47:44.640,0:47:50.987 Yeah, so, very fortunate. Like all the documents, all the 0:47:50.987,0:47:54.194 the travel expenses, they paid for it. 0:47:54.194,0:48:02.074 Wow! Do you remember, you mentioned that you did not sleep the night before you came, 0:48:02.074,0:48:05.002 how old were you, at that time? 0:48:05.002,0:48:05.880 Oh my God! 0:48:05.880,0:48:08.741 I think I'm..

0:48:09.300,0:48:10.020 I'm.. 0:48:12.840,0:48:14.842 T'm 34-37? 0:48:14.842,0:48:18.180 And so knew you would be leaving 0:48:19.380,0:48:23.397 your home country starting a new life and you felt very excited. 0:48:23.397,0:48:29.521 Were you.. Did you have any feelings of sadness about things or people that you were leaving behind? 0:48:29.521,0:48:33.480 I'm sad, I'm really so sad because 0:48:34.560,0:48:44.760 I'm on the side of my husband's family, we have this close family, very, very close. 0:48:45.600,0:48:49.280 In my husband's family, yeah! 0:48:49.280,0:48:59.280 We are going to miss every weekends that we're together; attending the church, every weekend we used to eat that .. 0:48:59.280,0:49:01.080 we spending time together 0:49:02.460,0:49:05.946 and my sister-in-law brought us to 0:49:05.946,0:49:07.860 to different places. 0:49:09.240,0:49:14.525 All of us, imagine how many, two families, three families.. 0:49:14.525,0:49:16.140 I experienced 0:49:16.920,0:49:20.267 to travel outside of my country. 0:49:20.267,0:49:24.060 You have to visit Singapore, Thailand. That's what I'm going to miss. 0:49:24.720,0:49:25.271 veah. 0:49:25.271,0:49:31.045 The traveling with your large extended family. I can imagine. 0:49:31.045,0:49:33.960 And I'm so also sad that 0:49:34.860,0:49:39.600 the fact that we're going to live here, 0:49:40.860,0:49:45.702 but.. my parents, because, you know, I'm.. 0:49:45.702,0:49:50.880 I'm the one supporting for them. Not that much, that time, 0:49:52.320,0:50:00.300 so, I'll be.. I'm not sure if I'm going to get a job in here, so that's one of my problems. So

0:50:00.300,0:50:09.212 by the meantime, I don't send them money for a while, yeah. 0:50:12.200,0:50:13.600 That must have been 0:50:13.600,0:50:19.557 very stressful to think about trying to find a job, trying to send money back. 0:50:19.557,0:50:20.057 Yeah. 0:50:20.940,0:50:24.978 I.. we.. 0:50:24.978,0:50:33.692 We had a spa back in my country, a spa business, spa, massage, you know. 0:50:33.692,0:50:34.943 Spa business, interesting. 0:50:34.943,0:50:38.204 Yeah, so when I came here, 0:50:38.204,0:50:43.200 I met some of the Filipinos here, so I bought this 0:50:44.160,0:50:52.680 portable bed, massage bed, and I'm bringing it, and I'm going to their homes and then I massage, 0:50:52.680,0:51:00.000 like how many people in the house, like three bodies, or every.. an hour they pay me 45 0:51:00.000,0:51:01.190 dollars. 0:51:01.190,0:51:06.726 So whenever I have money that I earn from doing that, I send it to my family. 0:51:06.726,0:51:10.277 That sounds like physically tiring work, was it? 0:51:10.277,0:51:16.459 Yes, it is. But.. 0:51:16.459,0:51:18.920 Instead of, you know .. 0:51:18.920,0:51:24.664 I'd rather do that than nothing to give to my family, you know, to my parents. They needed the 0:51:24.664,0:51:27.300 support. 0:51:27.900,0:51:30.716 So would it be fair to say that 0:51:30.716,0:51:41.340 when you got here, Filipinos in this area, the larger community helped you to learn about the area, or to find work? Did you feel like you had a 0:51:41.340,0:51:44.448 Filipino community here that was helpful to you? 0:51:44.448,0:51:45.920 Yes, yes, yes. 0:51:45.920,0:51:48.888

There's a lot of Filipinos that's been really helping. 0:51:48.888,0:51:55.800 Were there any relatives here, like cousins or aunts or uncles? 0:51:55.800,0:51:56.670 No 0:51:59.040,0:52:04.500 Okay, so is there anything that you want to add to our conversation? 0:52:04.500,0:52:07.260 Or do you want to go back to any of the questions that we talked about? 0:52:09.540,0:52:12.013 Yeah, I'm good. 0:52:13.000,0:52:15.960 So one last question before we finish for today, 0:52:16.500,0:52:19.489 how do you feel about sharing your story todav? 0:52:21.480,0:52:26.160 I feel good, yeah, because some.. every.. 0:52:26.820,0:52:33.420 every person who came in here, every people who migrated, they have their own stories, and listening 0:52:33.420.0:52:39.223to their stories is like, sometimes you can relate, and sometimes you realize I'm blessed. 0:52:39.223,0:52:41.040 You know? 0:52:43.620,0:52:46.440 I am so grateful that you shared your story today. 0:52:46.440.0:52:52.440 Thank you so much, and I look forward to our next conversation, as well. I'm 0:52:52.440,0:52:56.280 going to stop the recording right now, and then we'll talk a little bit more, okay? _____ Interview (Part 2) with Phi Nagpala on March 31, 2023 0:00:02.100.0:00:06.103 Good morning, Phi, it's so nice to see you today, how are you? 0:00:06.103,0:00:09.606 I'm good, thank you, professor, it's nice to see you too. 0:00:10.600,0:00:11.253 So, let's see. 0:00:11.253,0:00:14.398 Today is Friday March 31st. 0:00:14.398,0:00:22.532 It is about 10 o'clock in the morning, and this is our second of two interviews. We spoke last week 0:00:22.532,0:00:25.018 about your experiences growing up in the Philippines, 0:00:25.018,0:00:29.214 and then coming to the United States, so

0:00:29.214,0:00:33.359 for people who are watching this video, a little background about you: 0:00:33.359,0:00:39.660 Phi Nagpala is originally from Las Piñas City, Philippines, and now lives in Germantown, Maryland. 0:00:40.980,0:00:44.092 She's been a student at MC since 2021. 0:00:44.092,0:00:46.740 Today she lives with her spouse and children 0:00:47.880,0:00:50.374 in, where do you live again, which city? 0:00:50.374,0:00:52.512 Germant.own. 0:00:52.512,0:00:54.193 In Germantown, yeah, let me write that down. 0:00:54.193,0:00:58.923 And works as a clinical technician at Virginia Hospital Center, in Arlington, 0:00:58.923,0:01:03.863 and you're studying nursing at MC. And 0:01:03.863,0:01:07.692 in your spare time, you enjoy dancing and watching documentaries. 0:01:07.692,0:01:14.311 So we are really happy to have you back to continue our conversation that we started last week. 0:01:14.311,0:01:22.421 As a reminder, my name is Heather Bruce Satrom, I teach in ELAP, English Language for Academic Purposes, at Montgomery College, 0:01:22.421,0:01:31.130 and this interview is part of a project called History in the Making: Documenting Stories of Immigrant and Refugee Students at MC. 0:01:32.120,0:01:37.353 So to begin, could you tell me again your full name and spell it for me, please? 0:01:37.353,0:01:39.758 My name is Phi Nagpala, 0:01:39.758,0:01:43.746 p, h, i, n, a, g, p, a, l, a. 0:01:43.746,0:01:47.251 And do I have permission to record this interview? 0:01:47.251,0:01:48.600 Sure, yeah! 0:01:49.200,0:01:52.380 Before I started recording, you told me something very interesting about 0:01:52.380,0:01:57.646 your name, "Phi Nagpala," you said that it means "blessed," is that correct? 0:01:57.646,0:01:58.146 Yeah. 0:01:59.820,0:02:03.895 Phi, actually Phi is a short 0:02:03.895,0:02:11.574

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name for the Philippines, and when you combine my name, and Phi Nagpala, it means blessed. 0:02:11.574,0:02:13.535 Blessed, and do you feel blessed? 0:02:13.535,0:02:17.292 I am, yeah. 0:02:17.292,0:02:19.690 Can you tell me about that, why you feel blessed? 0:02:19.690,0:02:22.140 I'm enjoying 0:02:23.820,0:02:30.420 what's here in America, that other people in my country, you know other people, not only in 0:02:30.420,0:02:35.223 my country, other people in different countries, they're not.. 0:02:35.223,0:02:40.150 they don't.. it's hard for them to get in the U.S. so 0:02:40.150,0:02:45.786 being here is blessed, and at the same time, I'm 0:02:45.786,0:02:48.636 taking this opportunity that 0:02:48.636,0:02:56.100 I had here in the U.S. and, at the same time, I'm helping my family back, in my country. 0:02:57.180,0:03:01.560 And when you say that you feel blessed for enjoying certain things here in the United 0:03:01.560,0:03:06.840 States, could you say specifically what it is that you enjoy about living here, in Montgomery 0:03:06.840,0:03:08.004 County, Maryland? 0:03:08.004,0:03:10.538 Yeah, I just realized that 0:03:10.538,0:03:14.880 the opportunity to continue study, 0:03:18.360,0:03:20.754 it's in here, it's just how you 0:03:20.754,0:03:24.065 you grab it. 0:03:24.065,0:03:32.784 Especially that in the job I am right now, they're the one who encouraged me to 0:03:32.784,0:03:40.711 go to school to become a nurse. That's another opportunity, actually, that's the first opportunity and when I get into Montgomery College, 0:03:40.711,0:03:49.972 there, I found out that there's a lot of opportunity you don't have the reason to not continue studying because there's a lot of support 0:03:49.972,0:03:53.220 that the school is offering to everyone. 0:03:54.420,0:04:00.060 That's really gratifying to hear. So did you first hear about Montgomery College

0:04:00.060,0:04:03.550 through your workplace? Were they the ones who told you about it? 0:04:03.550,0:04:05.998 No, actually they.. 0:04:05.998,0:04:12.461 Once they offer you, they encourage you to go to a Northern.. 0:04:12.461,0:04:14.340 Somewhere in.. because it's in Virginia. 0:04:15.540,0:04:17.572 But then they also 0:04:17.572,0:04:24.803 cater, or allow students to find their own way, whatever they want to study. 0:04:24.803,0:04:28.842 And then, I have this friend of mine, 0:04:28.842,0:04:34.260 her daughter is studying in Montgomery College and taking nursing, 0:04:35.220,0:04:36.896 so that's where I 0:04:36.896,0:04:38.762 try to 0:04:38.762,0:04:43.846 find how to get into the college in Montgomery College, yeah. 0:04:43.846,0:04:47.000 So you first heard about it through this friend, or colleague? 0:04:47.000,0:04:47.666 Yeah. 0:04:47.666,0:04:48.916 I see, okay. 0:04:48.916,0:04:51.358 And can you tell me a little bit about, 0:04:51.358,0:04:54.108 when you first heard about Montgomery College 0:04:54.108,0:04:56.424 and you started the application process, 0:04:56.424,0:04:58.560 how was that experience for you? 0:05:01.080,0:05:04.525 At first I considered 0:05:04.525,0:05:08.703 the counselor, what I'm going to do, 0:05:08.703,0:05:11.939 because I had my 0:05:11.939,0:05:14.977 bachelor degree in my country, so 0:05:14.977,0:05:19.536 I was guided accordingly

0:05:19.536,0:05:26.449 by a counselor, and that's the good thing about it. There's a lot of staff 0:05:26.449,0:05:32.867 that will help you to go through with it, so I just followed 0:05:32.867,0:05:36.903 whatever they asked me to do, and then, I thought 0:05:36.903,0:05:39.987 at first it was hard, but then, 0:05:39.987,0:05:43.578 if you just do it accordingly, you'll be guided. 0:05:43.578,0:05:44.106 0:05:44.106,0:05:47.631 When you were first.. 0:05:47.631,0:05:49.620 when you first applied to the college, 0:05:50.400,0:05:55.980 you were placed into the ELAP Program, and I'm so glad you were because you were my student. 0:05:57.240,0:05:59.520 But I know that sometimes students 0:06:00.540,0:06:03.456 have mixed feelings about that, so 0:06:03.456,0:06:11.760 I'm curious about how you felt when you were told you need to take English classes before you start taking your credit classes. What emotions did that 0:06:11.760,0:06:12.777 bring up for you? 0:06:12.777,0:06:22.440 Okay, so, they asked me to take exam first, to test my English ability, so 0:06:23.400,0:06:27.512 I came up to.. I had to start from 970. 0:06:27.512,0:06:31.800 Okay, so that's one of the lower levels in our program. 0:06:31.800,0:06:36.360 Yeah, at first I was disappointed. 0:06:36.360,0:06:38.840 I think that's a common reaction. 0:06:39.000,0:06:43.932 Yeah, and I asked myself if I wanted to, 0:06:43.932,0:06:49.320 you know, continue that or back out. 0:06:49.980,0:06:53.608 Aside from, it will take too much time for me, 0:06:53.608,0:07:01.735 I have to pay for it, because that's not covered from the hospital that I work in that is paying my tuition. So, 0:07:01.735,0:07:07.003

I started 970 and I thought I will..

0:07:07.003,0:07:11.788 When I reached the 990, that's it. 0:07:11.788,0:07:14.160 That's a lot of English. 0:07:14.940,0:07:23.111 Especially when I met this, my first professor in English writing, 0:07:23.111,0:07:27.410 oh my God, we started.. how many of us, like 10, 0:07:27.410,0:07:31.980 and then we end up just the three of us, and then the two of us. 0:07:32.940,0:07:40.160 As the time goes on, students are backing out, back then. 0:07:40.160,0:07:45.719 Do you think they were blacking out because of the workload, because it was stressful? 0:07:45.719,0:07:48.622 Or it's during the pandemic? 0:07:48.622,0:07:53.015 Yeah, it was pandemic that time, so the people 0:07:53.015,0:07:57.802 are trying to got that opportunity because it's remote, 0:07:57.802,0:08:02.884 you just have to, you know, go online and everything, yeah. That's how I started, it was pandemic. 0:08:02.884,0:08:03.707 Yeah. 0:08:03.707,0:08:04.800 so, 0:08:05.700,0:08:09.442 even though it was pandemic, people who ... 0:08:09.442,0:08:12.960 because of the workload, and it's.. 0:08:14.100,0:08:17.991 it's different when you know how to speak English, 0:08:17.991,0:08:20.280 yes, you know how to speak English, but 0:08:21.360,0:08:23.026 it's not that it. 0:08:23.026,0:08:31.915 You have to.. the comprehension, not just you're good in speaking. Everybody can speak English, 0:08:31.915,0:08:37.399 but the comprehension is, you know, have to be.. that's how you have to learn more. 0:08:37.399,0:08:42.553 So, I know you took some academic reading and writing classes, 0:08:42.553,0:08:44.241 were those challenging for you? 0:08:44.241,0:08:47.924 It is, it is challenging, but

0:08:47.924,0:08:52.920 now that I'm taking the prerequisite for nursing 0:08:53.640,0:09:01.960 courses, I realized, yes, good that I took that before I came in, because it's not.. 0:09:01.960,0:09:02.580 it's not easy. 0:09:03.540,0:09:08.621 So do you feel like the ELAP classes prepared you for your credit level classes? 0:09:08.621,0:09:12.396 Yes, it's really helpful, especially, 0:09:12.396,0:09:15.396 we.. it's not only how 0:09:15.396,0:09:21.731 you learn the English itself, but then 0:09:21.731,0:09:23.757 you know, we're in a world of 0:09:23.757,0:09:26.985 computers, so the.. 0:09:26.985,0:09:27.753 Well the technology. 0:09:27.753,0:09:30.758 Presentation, yeah, I've learned a lot. 0:09:30.758,0:09:34.040 What would you say was one of the more .. 0:09:34.040,0:09:35.837 I'm setting the timer here because I forgot to do that. 0:09:35.837,0:09:42.120 What was one of the more challenging experiences? You mentioned using the technology, was that 0:09:42.780,0:09:47.400 particularly hard because it was during the pandemic and everything was remote? 0:09:47.400,0:09:50.766 Was it difficult to learn how to do that? 0:09:50.766,0:09:53.386 Yeah, yeah, difficult. 0:09:53.386,0:09:55.680 Sometimes, you really have to 0:09:57.480,0:10:03.637 learn how to access some books, online books and 0:10:03.637,0:10:06.811 you have to use other apps 0:10:06.811,0:10:10.315 applications so, yeah. 0:10:10.315,0:10:12.400 But you learned! 0:10:12.400,0:10:22.122 You did learn, in fact you learned so well that you applied for an internship program at the college, called The Digital Storytelling Internship program,

0:10:22.122,0:10:28.760 and then, what I loved, is that you went on to help other students in ELAP 0:10:28.760,0:10:35.220 learn how to create digital stories. So it's interesting to me when you say that you were 0:10:36.360,0:10:41.220 a bit intimidated by the technology, but you got so good at it, that you ended up teaching 0:10:41.220,0:10:48.000 others how to use it. So I would love if you could talk a little bit about your experience in The Digital 0:10:48.000,0:10:53.880 Storytelling Internship program, what you learned from that? How it helped you? It's not related to 0:10:53.880,0:10:56.267 nursing, so I'm curious about 0:10:56.267,0:11:00.180 why you decided to apply and what you learned from that experience? 0:11:02.520,0:11:08.940 First and foremost, I cannot say no to the professor who encouraged me 0:11:08.940,0:11:11.458 to join, so ... 0:11:11.458,0:11:14.673 That's Professor, Heather. 0:11:14.673,0:11:16.642 You're a natural storyteller. 0:11:16.642,0:11:20.220 Yeah, and then, actually I.. 0:11:21.720,0:11:27.101 I'm not expecting anything because I really don't know about it, but 0:11:27.101,0:11:33.427 as you said, I just present to you the presentation you presented in the class, okay? and then.. 0:11:33.427,0:11:36.480 Working with these different 0:11:37.620,0:11:41.577 students in Montgomery College, and 0:11:41.577,0:11:44.856 learning the professionalism, 0:11:44.856,0:11:48.764 leadership, and working in the community, 0:11:48.764,0:11:53.324 It's kind of an achievement for me, 0:11:53.324,0:11:53.824 because 0:11:53.824,0:12:01.507 I've learned a lot. And how to make a story that has an impact to the other people, 0:12:01.507,0:12:08.946 that's really rewarding and unforgettable experience. And

0:12:08.946,0:12:14.826 to be in the class, because we have this 0:12:14.826,0:12:21.907 class visit, to be right in front of the class, it reminds me of being a teacher, 0:12:21.907,0:12:24.758 so that's why I enjoyed the most. 0:12:24.758,0:12:27.186 That's true, that's true, with your teaching background. 0:12:27.186,0:12:29.585 Yes, absolutely! 0:12:29.585,0:12:30.378 Yeah. 0:12:30.378,0:12:34.581 That explained why you were so comfortable teaching others, I think. 0:12:34.581,0:12:37.539 And may I just add that 0:12:37.539,0:12:40.380 I said, of course I will be 0:12:42.900,0:12:45.450 giving this 0:12:45.450,0:12:47.502 support 0:12:47.502,0:12:51.336 for tuition, out of that 0:12:51.336,0:12:53.220 digital.. being an intern, 0:12:55.380,0:13:04.100 it's just, it's like realizing that you earn money while you are learning and enjoying, you know.. 0:13:04.100,0:13:07.341 Yup, and earning money 0:13:07.341,0:13:14.341 because you're helping other students learn, so it's really beneficial for everyone; it's beneficial for my students, it was beneficial 0:13:14.341,0:13:15.940 for me, for you. 0:13:15.940,0:13:22.910 - Yeah, yeah, yeah. - I loved when you mentioned that you got to meet a lot of people, other students, 0:13:22.910,0:13:31.943 through the internship program, and I think that's one of the most wonderful aspects of Montgomery College, that we have such a diverse.. 0:13:31.943,0:13:37.949 well student body, we also have a very diverse faculty. So could you talk a little bit about 0:13:37.949,0:13:45.540 the friendships that you've made at Montgomery College, and other students that you have met, and where they're from, and what you've learned about their cultures? 0:13:49.500,0:13:52.660 I've met a lot of

0:13:52.660,0:14:00.345 different students from different countries, and most of the time when we, you know, getting to know each other, 0:14:00.345,0:14:06.780 you realize or discover that there are 0:14:08.940,0:14:14.880 not differences but they're the same culture that you, 'oh I can believe, yeah you have that?' 0:14:14.880,0:14:18.998 'yeah you we do this', we celebrate this and 0:14:18.998,0:14:22.740 I remember this particular.. 0:14:23.520,0:14:30.900 we have a student, he's from the Middle East, and you know, 0:14:33.060,0:14:41.100 in the movie, or when you know Middle East, it's like tough people, you know, but.. 0:14:41.100,0:14:42.030 The stereotypes. 0:14:42.030,0:14:46.704 Yeah, stereotypes, but when I met him, when I 0:14:46.704,0:14:49.415 got to know him, 0:14:49.415,0:14:58.672 he loves his mom, he's doing this, he's trying to finish college so that he can help his.. 0:14:58.672,0:15:06.169 I was like, 'oh my God, they're just the same Filipino' thinking about the family." 0:15:06.169,0:15:09.620 It's good to know that 0:15:09.620,0:15:13.111 we're not different to each other. 0:15:13.111,0:15:15.480 So would you say that when you meet 0:15:16.320,0:15:19.055 students from various backgrounds, 0:15:19.055,0:15:22.580 students who've immigrated to the United States, 0:15:22.580.0:15:28.246 that the common values that you share, are related to the focus on the family? 0:15:28.246,0:15:30.900 Yes, the family. 0:15:31.500,0:15:38.233 And this.. there are some that are from Africa, 0:15:38.233,0:15:40.221 I became friends.. 0:15:40.221,0:15:46.825 friends with them, we have the same culture, most culture and 0:15:46.825,0:15:49.800 the values are the same.

0:15:50.520,0:15:54.373 It's just that the difference is just how they call it. 0:15:54.373,0:16:00.205 And of course so many of our students are speaking English as a second language, so that's a common challenge 0:16:00.205,0:16:00.705 that you all have. 0:16:00.705,0:16:03.055 Yeah. 0:16:03.055,0:16:09.081 Are there any other experiences at Montgomery College that have been particularly 0:16:09.081,0:16:11.640 meaningful to you, that you would like to share? 0:16:13.440,0:16:17.968 Oh just the Digital Story Internship, 0:16:17.968,0:16:23.041 very meaningful to me, especially now, I'm in level two, 0:16:23.041,0:16:27.190 and I'm going to 0:16:27.190,0:16:30.799 visit the University of Maryland .. 0:16:30.799,0:16:32.011 Oh! Great. 0:16:32.011,0:16:32.700 in Baltimore. 0:16:34.380,0:16:40.080 To present them on how to make a digital storytelling. 0:16:40.920,0:16:44.010 I'm kind of nervous because 0:16:44.010,0:16:51.325 it's the university, there's a thinking of people who's studying there are.. 0:16:51.325,0:16:53.457 they cannot, you know, 0:16:53.457,0:16:58.740 study there if they're not really intelligent people. But then, 0:16:59.280,0:17:02.557 as what our supervisor says, that some of the.. 0:17:02.557,0:17:07.138 Oh the professors from the University of Maryland says 0:17:07.138,0:17:11.252 they are diverse students and 0:17:11.252,0:17:13.602 some of them 0:17:13.602,0:17:17.220 they're not really good in 0:17:18.120,0:17:24.281 computers, and they not good, or they

0:17:24.281,0:17:26.954 haven't encountered doing 0:17:26.954,0:17:30.458 what we did, as making a digital storytelling. 0:17:30.458,0:17:35.204 So that's our purpose of going there. 0:17:35.204,0:17:38.195 To help them learn more about the technology? 0:17:38.195,0:17:40.910 Yeah, that is so meaningful to me. 0:17:40.910,0:17:43.740 You mentioned earlier that 0:17:44.880,0:17:51.600 you had some stereotypes about people from the Middle East, and that you overcame the stereotypes 0:17:51.600,0:17:57.600 by getting to know people in your class and in your program. What kind of stereotypes are there 0:17:58.620,0:18:03.420 about Filipinos in America? Have you faced stereotypes? Do people sometimes stereotype 0:18:03.420,0:18:04.133 Filipinos? 0:18:04.133,0:18:05.600 Yeah. 0:18:07.600,0:18:12.420 I have this experience, I was telling about how did I get into 0:18:13.680,0:18:15.278 College? 0:18:15.278,0:18:17.569 I was so proud telling that 0:18:17.569,0:18:20.930 I have five courses that 0:18:20.930,0:18:24.048 accredited that I didn't have to 0:18:24.048,0:18:30.382 take it, and he said, 'how was that?' because 0:18:30.382,0:18:34.861 I had my bachelor degree in my country, so 0:18:34.861,0:18:41.820 'Oh! Really it's credited? How come? Where did you study your 0:18:42.720,0:18:48.907 bachelor degree?' In the university in my country, 'Oh! You have a university?' I was like 'Yeah!' 0:18:48.907,0:18:56.551 It's like because we're in a developing country, 0:18:56.551,0:18:59.323 we don't have.. they think that 0:18:59.323,0:19:02.174 we don't have the university.

0:19:02.174,0:19:06.068 People assume that you did not have a university education? 0:19:06.068,0:19:06.568 0:19:06.568,0:19:08.255 Exactly! 0:19:08.255,0:19:12.642 That must have been frustrating. 0:19:12.642,0:19:16.486 And there's also one time that 0:19:16.486,0:19:21.663 this guy says that 0:19:21.663,0:19:23.820 I came here to 0:19:24.480,0:19:28.510 find an American to marry, so that I could have 0:19:28.510,0:19:31.920 residency. I was like, 'I'm sorry, I'm married to a Filipino.' 0:19:35.340,0:19:39.532 You're married to a Filipino. So people have these stereotypes about Filipino women. 0:19:39.532,0:19:40.816 Yeah. 0:19:40.816,0:19:43.032 That sounds very frustrating. 0:19:43.032,0:19:47.850 When you encounter stereotypes like that, how do you respond? 0:19:47.850,0:19:55.658 What do you do.. Do you use humor? Do you tell stories? Do you ignore it? How do you handle those kinds of situations? 0:19:55.658,0:19:59.229 I respond with .. 0:19:59.229,0:20:09.095 How they take it, such as a joke, or they take it seriously, like the one who thought that we don't have university in my country, I was like, 0:20:09.095,0:20:12.354 'would you like to visit my country? You'll like the beaches there.' 0:20:12.354,0:20:15.497 Yeah that's how I respond. 0:20:15.497,0:20:19.583 Just like the guy I said, 'oh sorry, I'm married with a Filipino.' 0:20:21.560,0:20:25.680 You have an opportunity to educate people 0:20:26.940,0:20:28.380 about your culture. 0:20:28.380,0:20:30.945 In a simple answer like that,

0:20:30.945,0:20:35.637

how they'll take it, it's up to them, but I will not shut up my mouth 0:20:35.637,0:20:39.840 when after you know, stereotype me, no! 0:20:40.620,0:20:46.434 I think one thing that really impresses me about so many of our students is that, 0:20:46.434,0:20:51.041 not only are you taking care of your families here, and working, and 0:20:51.041,0:20:56.232 going to school, but many times you're also sending financial support back home. 0:20:56.232,0:21:00.294 And I find that truly admirable, 0:21:00.294,0:21:06.994 and I'm amazed by how so many students can do this. Can you talk a little bit about 0:21:06.994,0:21:11.694 that responsibility of trying to support family members back home? 0:21:11.694,0:21:17.640 Do you feel pressure to do that? What are your emotions about this? Is it tiring? 0:21:19.200,0:21:24.360 At first yes, that's why I had this 0:21:25.800,0:21:32.760 bad relationship with my family back then, because I felt like I'm pressured. 0:21:32.760,0:21:37.264 Why I'm the only one supporting this family, 0:21:37.264,0:21:39.660 when in fact, I have my siblings? That's the thinking. 0:21:40.860,0:21:46.703 But then I came to a point that I realized 0:21:46.703,0:21:48.560 that's why I'm blessed. 0:21:49.560,0:21:54.599 I'm thinking that I'm here because I was chosen 0:21:54.599,0:21:59.640 to be here to support my family, so why would I complain? 0:22:02.220,0:22:08.640 It's just a matter of how you list yourself while at the same 0:22:08.640,0:22:15.540 time enjoying what you're earning, and at the same time, give some for your family. 0:22:16.860,0:22:19.465 But then, yeah just.. 0:22:19.465,0:22:23.446 I'm blesses that I'm.. 0:22:23.446,0:22:26.677 I'm studying while I'm working 0:22:26.677,0:22:30.218 to support.. I don't want to give up my working because I need, I have .. 0:22:30.218,0:22:32.640 I have my responsibility.

0:22:33.720,0:22:39.300 But you see, there's a support from the school and from my work, that I don't have to 0:22:39.300,0:22:41.564 pay that much for my tuition, 0:22:41.564,0:22:45.144 so I still have my.. you know, the budget is still 0:22:45.144,0:22:49.650 for my family. I still can support them while I'm studying. 0:22:49.650,0:22:51.660 Do you think that people back home 0:22:52.740,0:22:57.180 don't understand how expensive it is to live here? The cost of living here, 0:22:57.180,0:22:58.686 the cost of housing. 0:22:58.686,0:23:03.540 Do they understand how expensive it is to live in the United States? 0:23:08.800,0:23:10.902 Honestly maybe? 0:23:10.902,0:23:15.420 But.. because every time 0:23:17.160,0:23:26.858 I eat whatever I want in here, and thinking that they couldn't eat that in there, 0:23:26.858,0:23:29.340 so it's like, it's okay. 0:23:32.400,0:23:33.660 Yeah. 0:23:33.660,0:23:36.180 Do you feel pressure 0:23:37.140,0:23:42.540 to support your family? Like do you.. does it feel.. I remember at one point in the class you 0:23:42.540,0:23:47.640 had mentioned that you had a big shift in your thinking at one point, where at first you felt 0:23:47.640,0:23:52.380 a little bit resentful, but then you changed your mind and you thought, this is really what 0:23:52.380,0:23:57.657 I'm supposed to do. Can you talk a little bit about that change in your thinking? 0:23:57.657,0:23:59.793 Yeah, because.. 0:24:02.760,0:24:05.911 even though we spend dollars here 0:24:05.911,0:24:12.805 that's what they have to realize. We spend dollars here. Although, when you 0:24:12.805,0:24:20.460 send them money, like a hundred dollars here is too much, there's a lot for them to.. the exchange rate.

0:24:21.420,0:24:22.485 Yeah! 0:24:22.485,0:24:29.520 But still they have to realize that we spend dollar.. we spend dollar here. 0:24:33.540,0:24:35.927 Because life in the Philippines is not.. 0:24:35.927,0:24:36.427 it's hard. 0:24:36.427,0:24:37.229 Yeah! 0:24:37.229,0:24:42.161 They cannot enjoy what I'm enjoying in here. It's not the same. 0:24:42.161,0:24:45.862 So that's what makes me 0:24:45.862,0:24:50.320 change my attitude, or my relationship towards them. 0:24:50.320,0:24:53.722 One thing that, I'm sorry, go ahead, you can finish that, I'm sorry. 0:24:53.722,0:24:57.720 Yeah, I don't have to, 0:24:58.860,0:25:08.483 you know, count every cent that I'm sending to them because 0:25:08.483,0:25:12.420 the fact that it's not 0:25:12.960,0:25:15.431 enough, I think, 0:25:15.431,0:25:18.589 and the fact that they're having 0:25:18.589,0:25:24.360 difficulty in their own life over there, so it's.. 0:25:25.080,0:25:29.070 Every time I send them my support, I feel good. 0:25:29.070,0:25:30.600 What makes you happy, 0:25:31.380,0:25:33.794 that's it.. that's the important. 0:25:33.794.0:25:41.756 So I feel happy whenever they're not struggling with their expenses to buy their needs. 0:25:41.756,0:25:49.450 Something that I always notice about you in particular, Phi, is that you have a very positive and optimistic outlook. 0:25:49.450,0:25:57.498 I always remember you smiling in class, a lot of energy, a lot of enthusiasm, and so 0:25:57.498,0:26:08.940 what I'd like to know is, when you experience stress or difficulties, how do you cope with that? What do you do when you are having challenging experiences? 0:26:08.940.0:26:15.900 What gives you hope when you feel discouraged? How do you maintain this positive outlook?

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0:26:19.140,0:26:21.160 Think about, when you.. 0:26:21.160,0:26:24.120 when you.. when you fail or something, 0:26:26.760,0:26:28.375 think about 0:26:28.375,0:26:34.320 why did you fail? Why? And then, 0:26:34.320,0:26:37.020 like, for example, 0:26:39.420,0:26:45.685 I got a bad grade in my first.. in writing 970. 0:26:45.685,0:26:51.225 So I'm so very, very disappointed that I got a C, 0:26:51.225,0:26:57.960 and to think that I have my degree in my country I got a $\ensuremath{\mathsf{C}}\xspace.$ 0:26:59.820,0:27:06.000 Where did I go wrong? Why, why I couldn't understand this? so I go back to all the 0:27:06.000,0:27:09.019 lessons that we get.. we took, 0:27:09.019,0:27:14.737 and I really tried to understand how it works. 0:27:14.737,0:27:21.180 And then when I need to register to another.. to my other, 0:27:21.180,0:27:25.908 reading 980 I think, I saw her name, that Professor, 0:27:25.908,0:27:31.166 I have to.. I enrolled under her class, 0:27:31.166,0:27:43.740 and we see each other again. And she was so surprised that, 'Hey Phi! You improved a lot!' So you have to challenge yourself. So that's what makes me turn myself .. 0:27:44.640,0:27:53.880 not to dwell on the feelings that your failure.. I've got to get back and .. 0:27:53.880,0:27:55.057 0:27:55.057,0:28:01.960 You purposely chose a very challenging Professor because you wanted to learn from that experience and 0:28:01.960,0:28:04.468 try again. I love that story. 0:28:04.468,0:28:07.740 I think that's a great lesson for for other students, absolutely! 0:28:09.360,0:28:11.940 Let's see here, let me look at my questions. 0:28:13.740,0:28:20.640 Were there any resources at Montgomery College that were particularly helpful to 0:28:20.640,0:28:24.320

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you, as a student? Did you go to the Writing Center, for example? 0:28:24.320,0:28:27.411 Yes, I'm a regular visitor. 0:28:27.411,0:28:29.958 You're a regular visitor. I love that. 0:28:29.958,0:28:32.074 Yeah. 0:28:32.074,0:28:35.265 Tell me how the Writing Center helps you. 0:28:35.265,0:28:37.260 I have this particular 0:28:38.100,0:28:47.220 Professor that I owe. She's my favorite. I always look at her schedule and 0:28:49.080,0:28:54.462 she tries to learn 0:28:54.462,0:28:55.407 your mistakes. 0:28:55.407,0:29:02.961 You have to read louder, a lot louder, so that 0:29:02.961,0:29:06.359 you hear it like, 'oh something is wrong with my sentence.' 0:29:06.359,0:29:07.769 And she.. 0:29:07.769,0:29:09.488 You read your your writing out loud? 0:29:09.488,0:29:12.712 Yeah, she allows me 0:29:12.712,0:29:17.700 to find where my mistakes are, and 0:29:18.360,0:29:22.340 yeah, I enjoyed it, and every time .. 0:29:22.340,0:29:26.688 Do you want to mention her name? Who it is that's helped you so much with your writing? 0:29:26.688,0:29:29.633 Her first name is Diana. 0:29:29.633,0:29:30.237 Yeah! 0:29:30.237,0:29:37.020 It's Diana yeah. So every time she, 'okay read out loud.' 0:29:38.100,0:29:47.700 'Oh! This is my,' 'oh yeah, see?' So it's very helpful. There are professors that.. 0:29:47.700,0:29:55.320 this is not, you have to think.. I think this is not related to the prompt so.. 0:29:55.320,0:30:00.588 I was like "oh my, yeah, you're right," so I redo it. 0:30:00.588,0:30:08.121

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If you met a new student at MC, who had just arrived from another country, 0:30:08.121,0:30:10.680 what advice would you give that student? 0:30:13.320,0:30:16.033 Don't give up. 0:30:16.033,0:30:17.133 Don't give up. 0:30:17.133,0:30:19.600 Don't back out. 0:30:20.600,0:30:21.600 I have to share this, I have my 0:30:22.320,0:30:25.849 classmate 0:30:25.849,0:30:32.440 from Myanmar, and he's really smart. 0:30:32.440,0:30:35.180 He's really smart, he's young. I'm the.. 0:30:35.180,0:30:43.860 I'm the oldest in the class, but then I encouraged him, that sometimes he's having this ... 0:30:44.760,0:30:47.890 his doubt that 0:30:47.890,0:30:54.265 he might be end up not staying in the U.S. 0:30:54.265,0:30:56.580 because he's on F1, I think. 0:30:57.300,0:30:58.735 Yeah! 0:30:58.735,0:31:03.008 I always give him inspirational 0:31:03.008,0:31:05.452 word that .. 0:31:05.452,0:31:12.226 try to choose a course that will .. 0:31:12.226,0:31:19.980 for you to easily get a job here, that will give a sponsorship, like that. 0:31:20.580,0:31:29.100 And since he doesn't have a car, so I feel bad that he's waiting, specially it's cold, so I alwavs 0:31:30.240,0:31:33.568 drive him to the.. 0:31:33.568,0:31:40.920 what's this, the train station?.. after school. You know, 0:31:42.420,0:31:43.625 although, 0:31:43.625,0:31:47.880 there are different status we have here,

0:31:48.840,0:31:56.460

although I'm sure of myself, that because our status is, you know, we're sure of it living here, we 0:31:56.460,0:32:00.425 don't have a problem with that. These other people, 0:32:00.425,0:32:03.780 aside from their everyday living, 0:32:05.940,0:32:11.040 they're still worrying if they're going to stay here for long or what, so might as well 0:32:12.000,0:32:23.700 help them in a way that make them feeling comfort.. you have people who are 0:32:23.700,0:32:29.940 listening to them, helping them in a way that.. it's not, it's not big that you 0:32:29.940,0:32:37.200 drive them to the train station, no, but the thing is, there's someone who's there for them 0:32:37.200,0:32:40.831 to, you know, rely on, 0:32:40.831,0:32:41.331 so, yeah. 0:32:41.331,0:32:48.078 That's another thing that I really love about Montgomery College students is I see the way you help each other. 0:32:48.078,0:32:52.302 And I think that's a great example of students looking after each other. 0:32:52.302,0:32:56.661 And we have this, every time we have a scheduled exam, 0:32:56.661,0:33:04.460 I'm inviting them to.. let's have this group study, so that sometimes it's easy to understand when 0:33:06.440,0:33:08.001 you're explaining it 0:33:08.001,0:33:13.010 in a language that's easy to understand. Sometimes it's.. 0:33:13.010,0:33:15.720 it's helpful. 0:33:17.160,0:33:23.340 I think sometimes students say to me that when they were in their home countries, they had this 0:33:23.340,0:33:32.580 idea about what life would be like in America, you know, the 'American dream.' But then when they got here, it was 0:33:32.580,0:33:34.087 much harder, 0:33:34.087,0:33:37.425 life was much harder than they had anticipated. 0:33:37.425,0:33:45.780 Do you feel that way? Did you feel like you had this idea about the American dream and then there was the reality that was more difficult?

0:33:48.600,0:34:00.420 American dream, when you say American dream it's like you have these expensive clothes, 0:34:04.400,0:34:06.000 you have this 0:34:06.000,0:34:09.498 life like, money, money, money. 0:34:09.498,0:34:10.979 That's the idea, right? 0:34:10.979,0:34:11.479 Yeah. 0:34:11.479,0:34:12.970 That's what you see in the movies or on TV. 0:34:12.970,0:34:15.420 Yeah, you're driving a nice car. 0:34:17.940,0:34:21.936 But, for me, yeah you can have.. 0:34:21.936,0:34:26.820 you can have that, but then for me 0:34:28.080,0:34:35.509 the hard thing about being here is being away from the family, 0:34:35.509,0:34:38.520 that's it. And in my country, 0:34:39.840,0:34:44.114 you don't have to work, work, work, work. 0:34:44.114,0:34:46.446 We have time for ourselves. 0:34:46.446,0:34:47.907 That's interesting. 0:34:47.907,0:34:52.592 When you step out from your home, 0:34:52.592,0:34:55.764 your friends is just nearby, 0:34:55.764,0:34:56.264 and you.. 0:34:56.264,0:35:00.772 you enjoy time together, 0:35:00.772,0:35:04.648 but here you work, work, work, 0:35:04.648,0:35:09.240 home, work, study, work, yeah. That's what's amazing, 0:35:09.780,0:35:13.500 people around you, when you needed them most, especially... 0:35:14.820,0:35:19.680 I've heard a lot of students say that, that the focus here is so much on work, and there's not 0:35:19.680,0:35:24.496

enough time to enjoy being with family, or to enjoy being with friends.

0:35:24.496,0:35:26.872 I've heard a lot of students say that. 0:35:26.872,0:35:33.534 It's difficult to gather friends, because most of them are busy. 0:35:33.534,0:35:37.739 In my country, 0:35:37.739,0:35:45.130 anytime, anywhere, there's no limitation for the time to have fun. 0:35:45.130,0:35:47.677 Although we're so, 0:35:47.677,0:35:51.247 were kind of busy with our family, kids, we still have 0:35:51.247,0:35:56.212 this chance of having.. get together. 0:35:56.212,0:35:57.660 Enjoying life. 0:36:00.480,0:36:05.820 Do you feel like that's something you can keep here a little bit, that idea of making 0:36:05.820,0:36:12.300 time for family, enjoying life? Do you try to teach that to your kids, that cultural value? 0:36:16.800,0:36:23.735 We tried, but my son is also busy, he's in school. 0:36:23.735,0:36:26.640 When they grown up, 0:36:27.840,0:36:29.415 they're busy with their friends. 0:36:29.415,0:36:31.100 Yeah, it's.. 0:36:31.100,0:36:31.879 That happens. 0:36:31.879,0:36:32.379 0:36:32.379,0:36:36.600 What do you miss the most about the Philippines? 0:36:38.940,0:36:45.791 Every Sunday, we make sure that we're in my.. 0:36:45.791,0:36:57.900 we are in my in-laws house, and we play cards, the kids, when they were young it's.. although sometimes it's chaotic, but it's so.. 0:36:58.740,0:37:06.360 That memories make you laugh and smile because when they were young, there's a lot of things 0:37:06.360,0:37:15.660 going on, and they're enjoying, they're playing, and every Sunday we go to church, all of us. And the 0:37:15.660,0:37:24.960 most memorable is my sister-in-law brought us in different countries to spend vacation, and 0:37:25.500,0:37:31.913

how many of us, we're a lot, my brother-in-laws and his family, 0:37:31.913,0:37:38.710 my in-laws; my father-in-law, my mother-in-law, and all of us. It's so fun. 0:37:38.710,0:37:40.568 It's so fun. 0:37:40.568,0:37:41.756 It does sound like fun. 0:37:41.756,0:37:52.744 Because now, when we gather here, and so .. we visited some places with me and my kids, with my husband and my kids, it's just the four of us. 0:37:52.744,0:37:56.285 It's just the four of us. It's different. 0:37:56.285,0:38:00.180 That's what I'm missing. Now it's just me and my husband. 0:38:01.500,0:38:02.937 Because my kids are grown up. 0:38:02.937,0:38:06.027 You miss that large extended family. 0:38:06.027,0:38:06.527 ves! 0:38:06.527,0:38:10.225 Do you do you go back to the Philippines, sometimes? 0:38:10.225,0:38:16.080 The last time we visited was before the pandemic, in 2019. 0:38:17.160,0:38:19.398 Do you have plans to go back to visit? 0:38:19.398,0:38:24.060 Yeah, yeah we have plans. 0:38:25.080,0:38:30.060 Can you talk a little bit about your goals for the future, what do you envision in the 0:38:30.060,0:38:31.443 next like five years? 0:38:31.443,0:38:35.241 How do you see your future developing? 0:38:35.241,0:38:38.640 I am a nurse, a certified nurse, and 0:38:42.720,0:38:47.055 I want to do my.. 0:38:47.055,0:38:52.362 my profession, my career, at the same time, enjoying life. 0:38:52.362,0:38:55.740 I want to do that, yeah, and .. 0:38:56.340,0:38:58.772 actually my.. 0:38:58.772,0:39:13.425 my future goal is when I, after retiring age, I would want to go back to my country and go back teaching, and I want

0:39:13.425,0:39:14.467 to share what 0:39:14.467,0:39:21.911 I have learned; the education, the learning. I want to bring it there, to share with them. 0:39:21.911,0:39:27.253 You were a history teacher before, would you want to return to teaching history if you did that? 0:39:27.253,0:39:30.489 Or would you teach something different? 0:39:30.489,0:39:31.636 Different, different, not history. 0:39:31.636,0:39:35.455 What would you want to teach? 0:39:35.455,0:39:38.580 Because, maybe.. 0:39:40.620,0:39:43.650 health, or yeah. 0:39:43.650,0:39:47.524 Something related to your nursing experience? 0:39:47.524,0:39:49.080 Yeah and I want to 0:39:49.920,0:39:51.353 teach English. 0:39:51.353,0:39:53.096 I love that. 0:39:53.096,0:39:53.807 Yeah. 0:39:53.807,0:39:55.433 That's a wonderful idea. 0:39:55.433,0:39:56.880 Yeah. 0:39:58.260,0:40:04.440 So is there anything else you'd like to add about your experience in the United States, or 0:40:04.440,0:40:06.392 about your experience at Montgomery College? 0:40:06.392,0:40:08.700 anything you want to add to our conversation? 0:40:09.660,0:40:13.120 Yeah, Montgomery.. 0:40:13.120,0:40:17.888 Montgomery College really have a special part of me, 0:40:17.888,0:40:20.340 because I met 0:40:22.620,0:40:25.140 kind professors, and 0:40:25.800,0:40:28.765 helpful professors, 0:40:28.765,0:40:37.200

Professor Landon, and Professor Heather Satrom. Professor 0:40:38.160,0:40:46.680 Landon is.. she's the first Professor that I encountered in my English course. 0:40:47.280,0:40:52.843 Actually, she is the one who referred me to you 0:40:52.843.0:40:59.843 when I was looking for.. she said "you really want a good professor, and the one that will challenge you? 0:40:59.843,0:41:07.725 Choose Heather Satrom, she's good." She's related.. 0:41:07.725,0:41:15.743 Yeah, related, and I get into internship because of Professor Heather Satrom, so I'm really.. I feel blessed that I'm.. 0:41:15.743,0:41:24.000 I get into Montgomery College and meet these Professor, helpful professor, and my 0:41:26.520,0:41:33.060 schoolmates other.. who has an influence in me, who had a good relationship with me, 0:41:34.800,0:41:37.875 I'm so thankful. 0:41:37.875,0:41:41.640 And how do you feel about sharing your story today? 0:41:42.600,0:41:44.460 What emotions are you feeling, right now? 0:41:46.800,0:42:00.720 I feel.. I'm able to influence other students, other people, who wanted to pursue their 0:42:01.800,0:42:07.200 studies and, by the way, I consider myself 0:42:08.100,0:42:14.531 old already, but then no! There's no age .. 0:42:14.531,0:42:26.940 to continue your .. even though I know some of you are like, 'oh I cannot do that anymore' and so, no, there's no age for going back 0:42:26.940,0:42:31.966 to school, and this is not actually to ... 0:42:31.966,0:42:38.640 for you to.. one thing to earn more, but for your fullness, 0:42:40.020,0:42:44.514 being in the school again. You're functioning.. your brain is functioning, 0:42:44.514,0:42:54.761 feels good. So don't give up, just enjoy it while you're there, and 0:42:54.761,0:42:59.029 for sure, you'll get a benefit out of it. 0:42:59.029,0:43:04.980 That is a lovely way to conclude. Thank you so much, Phi. I really enjoyed talking with you again today. 0:43:06.300,0:43:09.300 Thank you so much for taking for taking the time to share your story

0:43:09.300,0:43:09.925 with us.

0:43:09.925,0:43:17.121 Oh thank you so much, Professor Satrom, for choosing me to being part of this.

0:43:17.121,0:43:18.300 Thank you!

0:43:18.300,0:43:18.800 Thank you!